

# Carole Stizza



## ASKING WORKS

Work is now a hybrid of both virtual and in-person settings. The struggle to feel on top of work as life offers new challenges is fervently felt.

Clarity, Engagement and Influence will set you apart. How you get there is a new adventure with new answers.

In the keynote **ASKING WORKS!** executive coach Carole Stizza takes you through how gaining real-time insights - through Asking - reshapes your success. You will come away with the new research into why gaining positive, productive insights from clients, supervisors, peers, and teams – through a proven framework - sets you, and everyone you include, up for success.

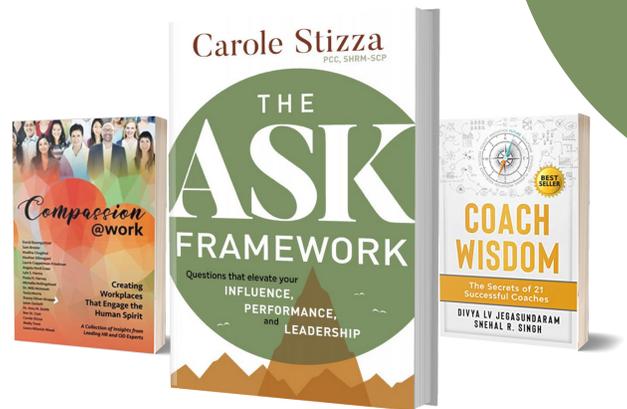
Empowering your audience to walk into Work with new thinking about why to Ask for the Gold nuggets of information they need to thrive, Carole offers The Ask Framework to get them there.

**CAROLE STIZZA empowers her audience to embrace their own unique individuality and communicate with increased clarity. Today, more than ever, success at work depends on it.**



**"Fantastic energy and insights. You showed us real time how you handle challenges in a productive way."**

Gunilla Girardor  
Scandinavian/American  
Cross-Cultural Business Expert & Mentor



Carole is the author of the newly released book, *The Ask Framework: Questions that elevate your Influence, Performance, and Leadership*, and is a contributing author to *Compassion @Work* (2018) and *Coach Wisdom Volume 1*, (2019).

Carole is an international speaker and bestselling author who pulls from a rich career as an executive coach, a Senior human resource professional, and supporting a military family across the US for over twenty-six years. She holds a master's in applied industrial-organizational psychology from Colorado State University and, when not coaching or loving on her family, spends her time hiking and cycling the mountains of Colorado.

**"Carole was a true joy to work with. Her presentation was engaging and thoughtful. We've received nothing but great reviews. I cannot recommend her enough."**

Chase Karpus  
Penjuin Random House

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